

# CW Mind Service Launch!



The Safe Haven is a service  
for people who...

Feel as though they  
are unable to cope

May not know  
where to start  
looking for help

Need out of  
hours mental  
health support

Wellbeing practitioners will be  
available via phone, video link,  
text message or email.

Contact the team in the following  
ways:

T: [02477 714554](tel:02477714554)

M: [07970 042270](tel:07970042270)

E: [safehaven@cwmind.org.uk](mailto:safehaven@cwmind.org.uk)

The Safe Haven Team will  
provide reassuring support to  
those finding life difficult.

Wellbeing practitioners will guide  
towards creating coping  
strategies which support the self  
management of mental health  
and emotional wellbeing

## Safe Haven Warwickshire

Safe Haven provides an out of  
hours mental health support  
service to people across  
Warwickshire

Wellbeing practitioners are on  
hand each evening to offer  
support and signposting

Open: 6pm-11pm every Thursday  
to Sunday

 **mind** | Coventry and  
Warwickshire